

# REPORT STALKING

**Stalking is a crime.**

**If you are experiencing stalking,  
please do not suffer in silence.**

More advice and guidance on stalking can be found at  
[www.glostakeastand.co.uk](http://www.glostakeastand.co.uk) or National Stalking helpline

0808 8020300

Call Police on 999 in an emergency or 101



**Stalking**  
**Following**  
**Hate mail**  
**Monitoring**  
**Fear**  
**Cyber stalking**  
**Spying**  
**Damaging property**  
**Threats**  
**Unwanted gifts**  
**Phone calls**

**Report it**  
**Don't suffer in silence**  
**Talk to someone**  
**Help is available**

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