

Designated Safeguarding Lead Support Hub Meeting Wednesday 18th November 2020 at 8.30am, 11.00am and 3.30pm Venue: Virtual Meeting Room

Welcome to all ©

As ever, if you have queries, or need any support or guidance please email the team at gsep@gloucestershire.gov.uk

Notes from today's meeting will be available on the Education pages of the GSCB website along with links to all documents referenced.

It's Anti Bullying Week!

We know that bullying is a significant concern for many of you.

Bullying can negatively affect children's mental health in a number of ways, including causing anxiety and depression, and schools have a very important role to play in tackling it.

This year, Anti-Bullying Week takes place from 16th – 20th November, with 'united against bullying' as this year's theme.

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In this toolkit, The Anna Freud Centre have rounded up useful resources from lots of different organisations, including lesson plans, tip sheets, posters and more. We hope they will help children and staff at your school to unite against bullying in all its forms.

https://mentallyhealthyschools.org.uk/resources/anti-bullying-week-2020toolkit?utm_source=newsletter&utm_medium=email&utm_campaign=antibullying&utm_content =toolkit

Online sexual harm resources

(Included with the notes for this meeting on the Education pages of the GSCB website)

How Can I Help My Child?

In this booklet you will find information about what online harm is and ways you can effectively help and support your children.

What is online harm?

Simply put, it is any behaviour online that causes harm; this could be physical, emotional or sexual. Online sexual harm includes:

- Sexual abuse and exploitation.
- Grooming someone befriending a child and building trust so they can sexually harm them.
- Sexting Sending or receiving messages that are about sex.
- Sending or receiving sexual photos.
- Sextortion Forcing somebody to do something by threatening to publish sexual images or information about them.
- Children being encouraged to access adult porn sites.

When should I be worried?

Why don't young people tell?

How should I respond?

Getting help from others

Where can I go to get help?

This guide has been developed to address the challenges professionals face when working with issues of online harm and young people.

It contains information about what online harm is, the specific issues facing young people, and ways professionals can effectively engage with young people and their families.

What is online harm?

Why young people don't tell

Best practice The way we respond to young people who have been harmed online is an important part of enabling them to recover. –

- What we need is an approach that meets the young person where "they're at" rather than placing a standard set of interventions that may not be needs-led.
- Language that blames the victim may reinforce messages around shame and guilt. Consider the
 language you want to use before using it. Does any part focus on the young person's
 responsibility for their actions? If so, change it.

What we need to do... Professionals need to consider how they respond and act on information about online harm.

L3 DSL training update -

A spreadsheet has been distributed to schools so that we have a clear picture of which DSLs in the county need priority access to the L3 DSL training, as their training has expired during the Covid pandemic. Please return this by this Friday at the latest so that this can be passed to the GSCE training team and they can begin booking training for your DSLs ©

GHLL update -

We know that the majority of Primary schools have received a specific resource as unsolicited mail recently. Of course, it is up to schools if they want to take up resources that are offered to them. A DVD sent free to schools titled "transgender agenda" is 28 mins long and contains a powerpoint presentation. Fiona Quan has contacted Stonewall and it seems that this DVD has gone out nationally to schools. A little bit of research shows that "Truth and Science Foundation" stems from America, and encourages the teaching of creationism and intelligent design in school science. There will be a note of caution published in Heads Up about the use of resources that are unsolicited and not endorsed by professional bodies however, be mindful that the Equality and Diversity act is what we should be following and ensuring that children and young people understand this. Anyone who wants further information, or to discuss the resource is welcome to contact both the GHLL team and Stonewall directly.

RISE PROGRAMME OVERVIEW -

Kidscape has been funded by The National Lottery to support primary schools, throughout Gloucestershire and Wiltshire, to establish a smooth transition to secondary school for their Year 6 pupils. With the disruption of lockdown and social distancing restrictions, helping young people to positively manage change and uncertainty is more important than ever.

Kidscape have developed a workshop and support package for school staff to deliver to their young people. The workshop will support young people as they adjust to the mental and emotional challenges of transition from primary to secondary school, not just the practical arrangements Free Transition Support for Gloucestershire Schools

This October we are able to announce new transition support for Gloucestershire schools https://www.ghll.org.uk/post-covid19/transitions/

Free online training is available for Gloucestershire primary school staff, delivered by Sarah Lewis, lasting two hours.

Your school will receive information, materials and support in order to deliver the RISE session to your pupils. Only one member of staff needs to attend in order to get the resources and support, however more are welcome. Further details are below

Staff training sessions are taking place on:

2020

Wednesday 18th November 2020 12pm-2pm

Wednesday 16th December 2020 12pm-2pm

2021

Wednesday 20th January 2021 12pm-2pm

Wednesday 3rd February 2021 12pm-2pm

Wednesday 17th February 2021 12pm-2pm

Contact Sarah Lewis to sign up or for more information: sarah.lewis@kidscape.org.uk

SUPPORT PACKAGE

School staff will receive the following to support them deliver the programme:

- Training on the content and delivery of the RISE workshop.
- Materials to deliver the RISE workshop to their pupils.
- RISE Pupil handbook.
- One-to-one Kidscape support.
- Accompanying RISE Parent Toolkit to support families at home.

THE RISE WORKSHOP

RISE is designed to be a practical and empowering workshop that builds confidence and resilience in young people.

After attending the RISE workshop young people should:

- 1. Feel more confident about the transition to secondary school.
- 2. Be able to understand and manage their own emotions.
- 3. Have a stronger sense of self.
- 4. Understand how to form positive relationships with others and handle conflict.
- 5. Feel more confident in managing peer pressure.
- 6. Understand how to identify a bullying situation and take positive action to stop it.
- 7. Have a range of strategies for staying safe.
- 8. Know where to seek help and support.

DASV Social Media Awareness

GDASS | 01452 726 570 | gdass.org.uk
GRASAC | 01452 526770 | glosrasac.org
Stroud Women's Refuge | 01453 764385
National Domestic Abuse Helpline | 0808 2000 247
Glos Counselling Service | gloscounselling.org.uk
Women's Aid | womensaid.org.uk
Crimestoppers | 0800 555 111
Hope House | 0300 421 8400 | hopehousesarc.nhs.uk
Teens in Crisis | ticplus.org.uk
Glos Police | 101 or 999 | Press 55 if you can't talk









The government has released guidance for providers, parents and carers on keeping children safe in out-of-school settings, including sports training.

The Department for Education (DfE) has published a new **safeguarding code of practice** to help providers of clubs, tuition and activities for children understand their safeguarding responsibilities, based on current legal requirements and what is considered to be good safeguarding practice.

The guidance encourages providers to review their practices under 4 sections:

- health and safety
- child protection and safeguarding
- suitability of staff and volunteers
- governance

In addition, the DfE has published **guidance for parents and carers** to help them choose a safer setting for their child. Providers are encouraged to proactively speak to parents about safeguarding and support them in answering any questions they may have about their policies.

What is an out-of-school setting?

Out-of-school settings (OOSS) are organisations or individuals that provide tuition, training, instruction or activities to children in England without their parents' supervision, but are not schools, colleges, 16-19 academies, or providers caring for children that are registered with Ofsted or a childminder agency.

Remote Learning

The Department for Education has announced a new legal duty on schools in England to provide remote learning to pupils who are at home because of Covid-19. Schools are now expected to offer pupils not in class, because they are self-isolating or their school is shut because of local or national restrictions, the same lessons as those in class. Contact, a charity for families with disabled children, has published an explanation of the legal duty.

https://contact.org.uk/news-and-blogs/legal-duty-to-ensure-children-at-home-because-of-covid-19-offered-remote-classes/?page=3

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The House of Commons Library has published a briefing on gang associated girls, ahead of a Westminster Hall debate on the subject which took place on 6 October 2020. The briefing looks at how many women and girls are involved in county lines and sexual exploitation. Calls for action include: more evidence should be collected about women and girls involved in gangs; and police officers should be trained to identify women 9 and girls involved in gangs.

https://researchbriefings.files.parliament.uk/documents/CDP-2020-0095/CDP-2020-0095.pdf

nobody is normal campaign

Childline has launched a new campaign - Nobody is Normal - which aims to help children understand that lacking confidence, feeling not good enough or that you don't fit in, is a shared experience. Statistics show that Childline has delivered 42,953 counselling sessions to children about their mental and emotional health across the UK since lockdown was first put in place. Figures also show that the monthly average number of Childline counselling sessions about eating and body image disorders increased by 32% on the pre-lockdown average; and the monthly average number of sessions about sexuality and gender identity increased by 16% compared with the pre-lockdown average.

https://www.childline.org.uk/info-advice/your-feelings/normal

Video to watch, strategies such as

- Talk about what's happening
- Get support from other people
- Celebrate what makes you unique
- Get support if you're being bullied or feel unsafe
- Try something new

STREET introduces new online referral form

Referrals to the 'Safe Teen Relationship Education and Empowerment Team' (STREET) can now be made online.

STREET Gloucestershire, which supports young people aged 13-19 years who have been affected by domestic abuse or teenage relationship abuse, are launching a new online referral form. From today, referrals can be made using an online form on the Gloucestershire Domestic Abuse Support Services (GDASS) website. This replaces the current paper form creating a single service pathway into the service and making it easier and more efficient for those completing it. You can access the new referral form here.

Referrers will receive a confirmation email once the referral has received by the service manager. Where a young person, aged 13+ is currently experiencing abuse in their intimate relationship, or where the relationship has ended within the last 3 months, we also encourage a Young Persons Domestic Abuse Stalking & Harassment (DASH) risk assessment to be completed and included as part of the referral. This form measures any risk posed to the young person and will ensure STREET is able to design the most effective package of support for them. Guidance on how to complete a DASH and where to send it are explained on the online referral form.

How do I refer to STREET Gloucestershire?

Anyone concerned about a young person who has been affected by domestic abuse, or by abuse in a teen relationship, can make a referral by filling in the online form on the GDASS website – www.gdass.org.uk/contact

Anyone referring to the service is asked to make sure that the young person and, if under 16 years old, their parent/guardian has consented to the referral.

A completed referral, sent via the online form, will guarantee contact with the young person and their family within 10 working days. Referrals via the old referral route will continue to be accepted for the next few months whilst we ensure that all partners are aware of the new system.



Each year Gloucestershire participates in the International 16 days of action against gender-based violence; starting on the 25th November (International day for the elimination of violence against women) and ending on 10th December (Human rights day). For 2020, Gloucestershire will be raising awareness of domestic abuse amongst young people and child to parent violence.

Key themes and messages:

- Young people experience abuse in their own relationships and there is support available locally.
- What is a healthy relationship? Helping young people identify the signs and seek support
- How to help a friend who might be experiencing abuse in their teenage relationship
- How parents can identify the signs and what they ca do to support their young person
- What is child to parent violence and where to seek support.
- The role of professionals in identifying and responding to teenage relationship abuse and child to parent violence.

http://www.glostakeastand.com/2020/11/06/16-days-of-action-2020/

Factsheets, posters, parent advice leaflets, teen safety planning sheet, helping a friend poster, DA factsheet for professionals

Contact The County DASV Strategic Coordinator if you want more information or to organise activity in the Campaign: glostakeastand@Gloucestershire.pnn.police.uk

If you have concerns about domestic abuse and sexual violence and want to speak to someone in person, you can come along to one of the Covid secure engagement events detailed below, where experts from local services will be available to answer your questions.

The NEV/CEV will be at the following locations: Wednesday 25th November: Tesco, Cirencester Saturday 28th November: Morrisons, Tewkesbury Wednesday 2nd December: Tesco, Cheltenham

Thursday 3rd December: Tesco, St Oswald's Retail Park, Gloucester

Thursday 10th December: Waitrose, Stroud Wednesday 16th December: Co-op, Coleford

ANY OTHER BUSINESS

- 1. Update from Early Help team
- 2. Update from Education Research in MASH
- 3. Update from GHLL
- 4. Update from CSW team
- 5. Update from Schoolbeat

FINISH